

Smoking Cessation Vape treatment guide for Pharmacy 18yrs+

Prior to accessing VAPES for your store: visit smokingcessation@totallywicked.co.uk

1. Pharmacy staff should have attended a Totally Wicked (T.W.) on line webinar (you can email: lisa.barnes@totallywicked.co.uk requesting an invitation to their weekly training sessions.













2. Inform lisa@cpesx.org.uk when you have attended a session

3. You will be provided with access to T.W.s online shop for free supplies.

4. The pharmacy will receive 10 starter kits with enough refill supplies for 8 weeks per kit (providing you with the most popular flavours).

Please note, any dispensing of products will need to be matched against the data on pharmoutcomes within the NOTES section.

The following visual provides the maximum dispensing allowance for **TORNADO GTL** (any further supplies will need to be purchased by the client directly through T.W.)

Standard 8 week programme		12 week CDTS programme																					
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<https://vimeo.com/805548140/3ff5027891> video shows how to use Tornado Vape

Initial Assessment - Ascertain readiness to quit. If the patient decides that they want to quit but feel abrupt stopping may be difficult then they can be offered the 4wk CDTS programme (quit date is still required). Following with usual 8 week support behaviour change programme.

Any problems with the product, if it gets broken/leaks or it stops working or any other issues with the device the patient must contact TW customer service direct. **Totally Wicked Customer Service Team – 01254 69 22 44** (not Provide or CPessex.)

- T3 REQUIRES AN OUTCOME WITHIN 42 DAYS OF SETTING THE QUIT DATE ON T1.
- T3 REQUIRES APPLICATION OF EITHER: QUIT, SELF REPORTED QUIT, NOT QUIT OR LOST TO FOLLOW UP
- T3 -APPLY YOUR QUIT AS SOON AS YOU HAVE A '4 WEEK QUIT'
- THE SESSION & SUPPLY TEMPLATE ASKS 'session post registration' (week 1 will actually be the second session with you and there are 11 sessions in T2).

STRENGTH/DOSE

Vape/Ecig
1.0% (10mg/ml)
1.0% (10mg/ml)
1.6% (16mg/ml)
8 weeks
e-cig (Tornado)
1.6% (16mg/ml) > 20 CPD
1.0% (10mg/ml) 10 – 20 CPD
1.0% (10mg/ml) < 10 CPD

CUT DOWN TO STOP (CDTS) 4WK PROGRAMME

The Patient may **ONLY** use one oral product whilst on this programme. Vapes are classed in this instance as an oral product.

1st Appointment T1- Following usual support behaviour change programme. Patients will still be required to set a quit date. (This shows intention to stop) entre the quit date on the smoking cessation template T1 registration

Issue Starter Kit and give link to access TW website and customer service number.

<https://www.totallywicked-eliiquid.co.uk/tornado-gtl-with-5-x-switz-e-liquid>

Totally Wicked Customer Service Team – 01254 69 22 44

2nd Appointment T2 - Usual behaviour support and record smoking status **ONLY IF SMOKING REDUCED** Enter on template 2 session and supply.

3rd Appointment T2 – Usual behaviour support and record smoking status. **ONLY IF SMOKING IS REDUCED**

4th Appointment T2 - Usual behaviour support and record smoking status and **ONLY IF SMOKING IS REDUCED**

5th Appointment T2 - Usual behaviour support and record smoking status. **ONLY IF PATIENT IS READY TO QUIT** From QUIT DATE patches may be used in addition to the VAPE

6th Appointment T2- Usual behaviour support and record smoking status. **CHECK PATIENT IS SMOKE FREE**

7th Appointment T2- Usual behaviour support and record smoking status. **CHECK PATIENT IS SMOKE FREE**

8th Appointment T2- Usual behaviour support and record smoking status. **CHECK PATIENT IS SMOKE FREE**

9th Appointment T3- Usual behaviour support and record smoking status. **CHECK PATIENT IS SMOKE FREE YOU SHOULD NOW HAVE A '4 WEEK QUIT' APPLY ON TEMPLATE 3**

10th Appointment T2- Usual behaviour support and record smoking status. CHECK PATIENT IS SMOKE FREE

11th Appointment T2- Usual behaviour support and record smoking status. CHECK PATIENT IS SMOKE FREE

8WK. QUIT PROGRAMME

The Patient may also wish to use NRT Patches. As per normal dual product programme. No other oral product to be given.

1st Appointment T1- Follow usual support behaviour change programme. Patient required to set a quit date. (This shows intention to stop) entre the quit date on the smoking cessation template T1 registration

Issue Starter Kit and give link to access TW website and customer service number.

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3rd Appointment T2 – Usual behaviour support and record smoking status.

4th Appointment T2 - Usual behaviour support and record smoking status and ONLY IF SMOKING HAS STOPPED

5th Appointment T3- Usual behaviour support and record smoking status. CHECK PATIENT IS SMOKE FREE YOU SHOULD NOW HAVE A '4 WEEK QUIT' APPLY ON TEMPLATE 3

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Tip, Encourage patient to move to lower strength Liquids as they progress towards the end of the programme

Advise patient: To purchase any further supplies required directly from T.W.

Advise patient to follow T.W.guidance on compatible chargers